

Charm City Glam Chams, L.L.C.

Panther Chameleon Nutrition Recommendations

Feeder insects:

Crickets (size appropriate)

VitaBugs Crickets (premium feeders from Timberline)

VitaBugs Superworms (premium feeders from Timberline)

Dubia Roaches (size appropriate)

Phoenix Worms

Silkworms

Hornworms

Supplements:

RepCal Phosphorous-free Calcium Powder, without Vitamin D3 (“green” label)

RepCal Phosphorous-free Calcium Powder, with Vitamin D3 (“pink” label)

RepCal Herptivite Multi-Vitamin

Feeder insects should be dusted daily with RepCal Phosphorous-free Calcium Powder, without Vitamin D3 (“green” label).

Once every 14 days, feeder insects should be dusted with RepCal Phosphorous-free Calcium Powder, with Vitamin D3 (“pink” label).

Once a week, feeders should be dusted with RepCal Herptivite Multi-Vitamin in addition to RepCal Calcium, Phosphorous free, without Vitamin D3 (“green” label).

For females, it is a good idea to keep liquid Calcium Gluconate on hand for administration after egg-laying.